

MULTIDISCIPLINARY MANAGEMENT OF TRAUMATIZED ANTERIOR TEETH WITH CROWN FRACTURE: A CASE REPORT

¹Rakesh Kumar Sharma and ²Sunil Chandra Gupta

¹Department of Prosthodontics, Faculty of Dental Sciences, IMS, Banaras Hindu University, Varanasi, India.

²Department of Orthodontics, Faculty of Dental Sciences, IMS, Banaras Hindu University, Varanasi, India

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Abstract

Trauma to anterior teeth is common and requires accurate diagnosis and thorough treatment planning. The maxillary incisors are often affected during injury to the face because of their normal labial projection inflicting damage to the crowns. Multidisciplinary treatment approach is important for aesthetic and functional rehabilitation of anterior teeth with crown fracture. The purpose of this article is to present a case of fractured anterior teeth and its management taking in consideration the biologic, functional, esthetic and economic aspects.

Keywords- crown fracture, extrusion, orthodontic eruption, and trauma

I. Introduction

Facial injuries are more common in young patients as result of sports activities, falls, car accident, fight, and intentional assaults.[1] Maxillary incisors are more susceptible to get damaged by a blow on the face due to their labial projection. Crown fractures or crown- root fractures correspond to a significant part of such cases of tooth injuries. Crown fractures account for the majority of dental trauma in the permanent dentition (2676% of dental injuries), while crown-root fractures represent only 0.3-5%. [2-6] Depending upon the existence or not of pulpal involvement, they may be classified respectively as complicated, which are more frequent, or non-complicated root fracture. [7,8]

The literature reports several different treatment options of this kind of problem, ranging from preservation and use of fractured fragment as temporary or permanent crown, [9,10] orthodontic extrusion or surgical extrusion or a crown lengthening [1,9] to an extraction of the residual tooth followed by immediate or delayed implant surgery [9,11,12] or fixed partial denture.[8]

The controlled orthodontic extrusion is also called as forced eruption, orthodontic eruption, vertical extrusion or assisted eruption. [14] First reported by Heithersay [15] and Ingber, [11] this vertical tooth movement can be obtained with removable or fixed orthodontic appliances, the former using mostly elastic bands or magnets [17,18-22] and fixed appliances and many modifications. Orthodontic extrusion may be utilized as highly satisfactory alternative to the surgical approach as the latter may lead to osseous and

gingival contouring, exposing of cemento-enamel junction causing hypersensitivity and produce compromised esthetics. The present paper reports a case of complicated crown fracture in a young adult. The multidisciplinary treatment approach included endodontic treatment of the involved teeth followed by orthodontic extrusion and placement of definitive crown.

II. Case Report

A 24-year-old male patient reported to the department of prosthodontics, faculty of dental sciences, Institute of Medical Sciences, Banaras Hindu University, with a history of trauma in the upper anterior teeth due to a minor accident 24 hours back (Fig.1). Clinical examination revealed fracture in the coronal portion of maxillary right and left central incisors (Ellis Class III). [23] Further, radiographic diagnosis confirmed the presence of complicated fracture with pulpal involvement (Fig. 2).

Treatment was commenced with removal of fractured crown segment under local anesthesia. Root canal therapy was carried out immediately on both the central incisors. Definitive root canal treatment was performed thereafter with lateral condensation of gutta-percha points (Dentsply, Switzerland) and root canal sealer (Septodont, India) (Fig. 3). Prefabricated metal post (Parapost, Coltene/Whaledent, Switzerland) was selected and luted with Glass Ionomer Cement (GC Fuji I, USA) (Fig. 4, 5) followed by composite core (3M ESPE P60, USA) build-up after partial removal of gutta-percha points from the root canal in left and right central incisors, leaving 5mm of the filling material at the apex for a good apical seal. Orthodontic extrusion of right central incisor was implemented due to the absence of sufficient tooth structure for ferrule effect. Begg's brackets (D-tech Company, USA) were luted on labial surface of right central incisor as well as right and left lateral incisors (Fig. 6). Long e-chain (Libral Traders, USA) was used for the forced orthodontic extrusion (Fig. 7). Recall appointments at every 3 weeks for a total extrusion time period of 6 months was followed. After the desired amount of orthodontic extrusion was achieved (Fig. 8), both maxillary central incisors were successfully restored with metal-ceramic restorations (Fig. 9,10).

III. Discussion

Management of traumatic injuries and their consequences can be challenging and therefore a treatment option providing aesthetic, functional and economical solution to the clinical problem should be preferred. Interdisciplinary approach involving oral surgery, endodontics, orthodontics and prosthodontics has been a recognized treatment option for functional and aesthetic success of complicated crown-root fracture.

Extraction must not be the first choice of treatment for the fractured and badly broken down young permanent teeth in the anterior region and alternative treatment modalities must be considered. [24] Different treatment strategies have been proposed for cases of complicated crown-root fracture including surgical exposure of the fractured surface, orthodontic or surgical extrusion of the apical fragment, intentional replantation and tooth extraction in more severe cases. [25] Treatment option for any pulp exposure reported after 72 hours requires extirpation of infected pulp therefore, removal of infected fractured crown segment followed by root canal therapy was initiated in the present case. Extrusion was

method of choice for crown lengthening due to lack of residual tooth structure for an adequate ferrule. The use of orthodontic extrusion, also referred to as forced eruption, has been suggested as an alternative to periodontal crown lengthening which involve the removal of supporting alveolar bone and can compromise esthetics. [26]

IV. Conclusion

Multidisciplinary approach has been recognized and established as a key factor for successful outcomes in dental problems. Orthodontic extrusion in fractured anterior teeth is a simple procedure that has been used for stable and predictable results in the process of prosthetic rehabilitation of such cases at low cost and requires minimal specialized materials and orthodontic skills.

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